Website Terms of Service

Wanda Simmons Physical Therapy, PC
Doing Business As: **Balance Center Physical Therapy**

Effective Date: 11.1.2026
Last Updated: 11.1.2026

1. Acceptance of Terms

Welcome to the Balance Center Physical Therapy website. This website is operated by Wanda Simmons Physical Therapy, PC, doing business as Balance Center Physical Therapy ("Balance Center," "we," "our," or "us").

By accessing or using this website, you agree to these Terms of Service. If you do not agree with these terms, please discontinue use of the website.

These terms apply to your use of our website and its content. They do not replace or modify any separate agreements, consent forms, financial policies, or treatment documents applicable to patients receiving services at our clinic.

2. Website Information and Educational Content

The information provided on this website is intended for general educational and informational purposes only.

Our website may contain information regarding:

- Physical therapy and rehabilitation services.
- Vestibular and balance rehabilitation.
- Osteoporosis and osteopenia management.
- The ONERO™ osteoporosis exercise program.
- Exercise, strength training, posture, balance, and fall prevention.
- General health and wellness topics.

Although we strive to provide accurate and current information, we make no guarantee that all website content is complete, accurate, or applicable to every individual.

Information on this website should not be considered individualized medical advice, physical therapy treatment, diagnosis, or a substitute for evaluation by a qualified healthcare professional.

3. No Therapist-Patient Relationship Established

Use of this website, including viewing its content, submitting an inquiry, or communicating through a general website contact form, does not establish a physical therapist-patient relationship with Balance Center Physical Therapy.

A therapist-patient relationship is established only after appropriate clinical intake, evaluation, and acceptance for services.

Individualized treatment recommendations require an appropriate clinical evaluation.

4. Exercise and Health Information Disclaimer

Exercise and physical activity involve inherent risks, particularly for individuals with osteoporosis, balance impairments, musculoskeletal conditions, or other medical considerations.

Exercise descriptions, educational materials, and recommendations presented on this website are not intended to serve as individualized exercise prescriptions.

Do not begin a new exercise program or change your current exercise routine based solely on information found on this website.

Individuals should consult with an appropriate healthcare professional regarding their medical history, physical capabilities, exercise precautions, and suitability for specific activities.

The ONERO™ program involves progressive resistance training and requires appropriate screening, instruction, and supervision. Participation is subject to clinical evaluation and determination of suitability.

If you experience pain, dizziness, shortness of breath, chest discomfort, or other concerning symptoms during exercise, stop the activity and seek appropriate medical guidance.

5. Website Communications

You may use our website to request information about our services, programs, or appointment availability.

You agree to receive information messages (appointment reminders, account notifications, etc.) from Wanda Simmons Physical Therapy PC. Message frequency varies. Message and data rates may apply. For help, reply HELP or email us balancefortcollins@gmail.com. You can opt out at any time by replying STOP.

Submitting an inquiry does not guarantee an appointment or acceptance into a particular program.

Please do not submit confidential medical information, medical records, photographs, or other sensitive health information through general website contact forms or unsecured communication channels.

For established patients, communication regarding treatment, scheduling, and other healthcare matters should take place through the appropriate communication methods provided by the clinic.

Website communications are not monitored continuously and should not be used for urgent medical concerns or emergencies. For emergencies, call 911.

6. Appointments, Services, and Financial Policies

Information about services and programs on this website is provided for general informational purposes and does not guarantee availability, eligibility, insurance coverage, or reimbursement.

Physical therapy services and specialized exercise programs may have different eligibility requirements, scheduling arrangements, and payment responsibilities.

Insurance coverage and reimbursement are determined by the patient's individual insurance plan and applicable payer requirements. We cannot guarantee that a particular service or program will be covered by insurance.

Patients receiving services agree to comply with the clinic's applicable financial policies, cancellation policies, and other patient agreements provided separately.

7. Intellectual Property and Use of Website Content

All website content, including text, graphics, photographs, logos, educational materials, exercise descriptions, and other original content, is the property of Wanda Simmons Physical Therapy, PC, or is used with appropriate permission.

The Balance Center Physical Therapy name, logo, and associated branding may not be reproduced or used without written permission.

You may view and print website materials for your personal, noncommercial use.

You may not:

- Reproduce or distribute website content for commercial purposes.

- Copy or republish educational materials, exercise descriptions, or graphics without permission.
- Modify or misrepresent our content.
- Use our materials in a way that suggests endorsement or affiliation without authorization.

ONERO™ is a licensed program and trademark. References to ONERO™ on this website do not imply that Balance Center owns the ONERO™ trademark or underlying program intellectual property.

8. Third-Party Websites and Services

Our website may contain links to third-party websites, resources, or services for educational or informational purposes.

These websites are not controlled or maintained by Balance Center Physical Therapy. We are not responsible for their content, accuracy, privacy practices, security, or availability.

Accessing third-party websites is at your own discretion and subject to their respective terms and policies.

9. Website Availability and Security

We make reasonable efforts to maintain the availability and functionality of our website. However, we do not guarantee uninterrupted access or that the website will always be free from errors, viruses, or other harmful components.

You agree not to misuse the website, attempt unauthorized access, interfere with its operation, or use it for unlawful purposes.

10. Limitation of Liability

To the fullest extent permitted by applicable law, Wanda Simmons Physical Therapy, PC, DBA Balance Center Physical Therapy, shall not be liable for damages arising from your use of, or inability to use, this website or your reliance on general information provided through the website.

This includes, without limitation, reliance on educational information, exercise descriptions, or general health-related content that has not been individually evaluated or prescribed for you.

Nothing in these terms is intended to waive or limit any rights or responsibilities that cannot legally be waived or limited under applicable law.

11. Privacy

Your use of this website is also subject to our Website Privacy Policy, which describes how information may be collected, used, and protected.

Please review our Privacy Policy for additional information regarding website communications and personal information.

Our Website Privacy Policy is separate from the clinic's Notice of Privacy Practices governing protected health information, where applicable.

12. Changes to These Terms

We reserve the right to modify or update these Terms of Service at any time.

Changes will become effective when posted on this website. The updated date will be reflected at the top of this page.

Your continued use of the website following the posting of revised terms constitutes acceptance of those changes.

13. Governing Law

These Terms of Service shall be governed by and interpreted in accordance with the laws of the State of Colorado, without regard to conflict-of-law principles.

Any disputes relating to the use of this website shall be subject to the applicable jurisdiction and venue requirements of Colorado law.

14. Contact Information

If you have questions regarding these Terms of Service, please contact:

Wanda Simmons Physical Therapy, PC
DBA Balance Center Physical Therapy

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